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**Liability Wavier**

I recognize that the any activity (i.e. class, program, club, sport, special event, etc.) that I will be participating in may have some inherent risks.

I knowingly and voluntarily assume the risks of engaging in this activity. I acknowledge that it is my responsibility to be aware of the risks associated with the activity and to safeguard my person by ensuring:

 1. That I am physically able/capable of the activity

 2. That I exercise safety measures appropriate to the activity, and

 3. That I do not participate beyond my capabilities.

I understand that Central Lions Seniors Association endeavors to provide the best possible leadership and instruction, and to provide a safe environment for the activity I am joining. I acknowledge that the Association only organizes activities, and does not necessarily possess any special skill or knowledge in relation to the activity itself.

**I hereby release Central Lions Seniors Association from any liability arising out of my participation.**

**Signature**

**Name (Printed)**

**Date**